

Table of Contents

The Extraordinary Vessels	1
Terminology	2
Historical Review	3
The <i>Nan Jing</i> Theory	8
The Extraordinary Vessels and Body Structure	13
Extraordinary Vessel Biorhythms	19
Notes	22
Extraordinary Vessel Trajectories	25
Ren Mai	27
Chong Mai	30
Du Mai	39
Dai Mai	45
Yin and Yang Qiao Mai	48
Yin and Yang Wei Mai	54
Applications of Extraordinary Vessel Theory	60
Meeting or Correspondence Points	61
Notes	64
Classical Symptoms and Treatments	69
Diagnostic Methods	69
Treatment Techniques	71
Ren Mai Symptomology	74
Chong Mai Symptomology	85
Du Mai Symptomology	92
Dai Mai Symptomology	96
Yin and Yang Qiao Mai Symptomology	101
Yin and Yang Wei Mai Symptomology	111
Treatment Point Locations	221
Extra Point Locations	122
Point Indication Summaries	124
Correspondences to Modern Terminology	132
Notes	133
Modern Extraordinary Vessel Treatments	139
Tools and Principles	143
Tokito Triple Warmer-Ming Men Balancing Treatments	150
Tokito Weak Ming Men Pulse Treatment	153
Tokito Weak Kidney Pulse Treatment	154
Ito Structural Balance Treatments	157

Specific Treatments	168
Adjunctive Magnetic Therapy	171
Summary	189
Notes	190
Extraordinary Vessel Point Actions and Effects	193
<i>Zhen Jiu Xue</i> Indications	195
Nagatomo and Bachmann Meridian Point Indications	196
Nagatomo and Bachmann Vessel Point Indications	197
Point Effect Comparisons	200
Chong Mai Comparisons	201
Yin Wei Mai Comparisons	207
Ren Mai Comparisons	213
Yin Qiao Mai Comparisons	220,
Dai Mai Comparisons	227
Yang Wei Mai Comparisons	232
Du Mai Comparisons	236
Yang Qiao Mai Comparisons	240
Conclusions	245
Notes	248
Five Element Diagnosis	249
Pulse Diagnosis	249
Abdominal Diagnosis	250
Diagnostic Notes	251
Spleen Deficiency	253
Liver Deficiency	255
Lung Deficiency	257
Kidney Deficiency	259
Heart Problems	260
Treatment Principles	262
Electromagnetic Treatment of Scars	263
Electromagnetic Zone Therapy	265
Notes	268
Bibliography	269
Index	275