

lungs are stronger than the large intestine, tonify. If lungs are weaker, disperse.
Mental troubles, speaks a lot: disperse; or weakness: tonify.

Direct effects:

Opposite incisors cold: or loose, or painful, or caries.
Opposite side of throat: tonsillitis, dry throat.
Opposite side of stomach: digestion blocked: tonify.
Opposite eye: foggy or obscure vision.
Opposite ear: pains or buzzing? or deafness?

Opposite effects:

Opposite side of nose: congestive coryza; or bleeding: tonify.
Urine: abundant, frequent needs at night and at beginning of night: tonify; edema, urine insufficient: disperse.

Parts of the body:

Opposite scapula.
Lateral upper arm, same side; forearm (radial and supinator muscles).
Also thumb and index fingers.
Anterior face of knee and opposite leg.

LI-7 *wenliu* — tepid flow

Forearm, palm up, supination; six FW above the wrist (mid-length of the forearm); at the angle of the anterior edge of the bone and of the inferior edge of a transverse eminence; between the supinator and flexor **longus** of the thumb; in a hollow; on the posterior edge of the supinator **longus**; on the anterior edge of the posterior radial artery coming from the posterior side; palm down (pronation), on the ulnar edge of the radius.

Three FW proximal to *pianli* (LI-6): one FW under *arm-xialian* (LI-8), at the level of *sidu* (TW-9).

When tonified:

Tonifies the large intestine, small intestine, temporoparietal lobes, stomach; mouth, gums, teeth, opposite side of lips; knee, opposite leg, upper shoulder, arm of same side.
Disperses the heart, lungs, opposite kidney.
Dispersing acts in a contrary manner.

Direct effects:

Easy laughter, hyperexcited speech, hallucinations; insanity, hyperexcitation.
Violent shock, four limbs swollen, tongue protrudes (?), cerebral congestion; apoplexy, hemiplegia, mouth awry (?).
Mouth and opposite side of tongue: inflammation, pain.
Opposite gums, teeth: pain.
Diaphragm in excess: crisis of eructation or vomiting, or abundance of saliva; gas in the stomach, aerogastria, aerophagia; abdomen: pains and growling; pelvic basin: spasms.

Opposite effects:

Respiratory passages in excess: bronchitis; top of lung: catarrh; pleurisy, tuberculosis.

Parts of the body:

Local pains, neuralgia.
Headache, face swollen.
Shoulder without strength: abductor **longus** of thumb, upper limb same side.
Anterior side of the knee: opposite leg.

LI-8 *xialian* — inferior angle

Forearm, palm up, in supination: seven FW above the wrist (five large FW below the head of the radius). Just at the anterior edge of the radius with the supinator **longus**; at the angle of the inferior edge of a transverse eminence (the inferior insertion of the shorter supinator); in a hollow; on the inferior edge of the insertion of the pronator.

One FW above *wenliu* (LI-7); one FW under *arm-shanglian* (LI-9).

When tonified:

Tonifies the large intestine, opposite brain, opposite ear; dorsal and palmar muscles of hand and thumb; knee, opposite anterior leg.