Contents

DESIGNATION	vii
DEDICATION	viii
ACKNOWLEDGEMENTS	ix
Foreword	xi
Preface	xiii
INTRODUCTION	1
CHAPTER ONE ~ THE LANGUAGE OF CHINESE MEDICINE	Ξ
The Historical Context	6
The Nature of the Nomenclature	7
The Basics of the Chinese Language	8
Problems of Translation with Some Possible Solutions	31
CHAPTER TWO ~ FOLK BELIEFS, MYTHS, AND CUSTOMS	41
The Ancient Magic World	43
Creation	46
Explanation of Natural Phenomena	00
Life and Death	00
Marriage and Family Obligations	00
Family and Society/Microcosm and Macrocosm	00
Worldview	00
Continuity from Ancient to Contemporary Times	00
Food	00
CHAPTER THREE ~ PHILOSOPHY AND RELIGION	
Daoism	00
Confucianism	00
Chinese Buddhism	00
CHAPTER FOUR ~ THE LITERARY TRADITION	
The Yi Jing	00
The Yellow Emperors Classic of Internal Medicine	00
The Art of War	00
Records of the Historian	00
The Daoist Classics	00
Confucian Classics	00

CHAPTER FIVE ~ THE SCIENTIFIC TRADITION	
Folk Medicine	00
Court Medicine	00
Overview of the Historical Development of Medicine	00
CHAPTER SIX ~ SEXUAL CULTURE, LONGEVITY,	
AND IMMORTALITY	
What is Sexual Culture?	00
Three Separate Traditions of Cultivating Sexual Energy	00
The Relationship between These Traditions and Medicine	00
CHAPTER SEVEN ~ KEY TERMS OF TRADITIONAL	
CHINESE MEDICINE	
Taxonomy of the Nomenclature	00
Traditional Categories	00
Rethinking These Categories in Western Terms	00
Words Listed by Category with Translations,	
Interpretations and Explanations	00
BEFORE COMPLETION	00
BIBLIOGRAPHY	00
INDEX	00