
About the Authors



Yàn Shí Lín is a professor and Ph.D. advisor at Chengdu University of Traditional Chinese Medicine. He has enjoyed a distinguished professional career spanning more than 40 years with a specialization in pathomechanisms research and pattern differentiation. Among his Chinese published contributions he has

written as Editor-in-Chief of the Diagnosis Chapter of the medical volume of the *Chinese Medical Encyclopedia*, the Pulse Diagnosis portion of the *Chinese Medical Classics Series*, and the *Study Guide Series for Self-Study Tests in Chinese Medicine*. He also contributed to the compilation of both the 6th and the 7th edition of the *Chinese National Standardized Textbooks* and the accompanying study guides, as well as many other national textbook projects. Additionally, he has published more than 80 academic papers in the field of Chinese medicine.

Academically, he has been the first to raise important theories such as cold-fire, sunken qì of liver and spleen, and qì stagnation caused by middle jiao vacuity. He has undertaken a thorough and detailed study of the pathomechanisms of the five zàng as well as micro-modeling of zàng fǔ pattern differentiation in Chinese medicine that has contributed greatly to researching patterns in Chinese medicine.



Lǐ Zhèng-Huà is Professor of Chinese Medicine and Dean of the Adult Education College at Chengdu University of Traditional Chinese Medicine. Professor Li also holds the Vice-Secretary position in the China National Chinese Medical Adult Education Association. She has

accumulated more than 40 years of experience in teaching, scientific research, and clinical practice, with a specialization in internal medicine and pediatrics as well as many other types of complex clinical patterns, and is the author of three books and 27 academic papers in Chinese medicine.